

A VISUAL GUIDE IS AVAILABLE FOR THIS PERFORMANCE

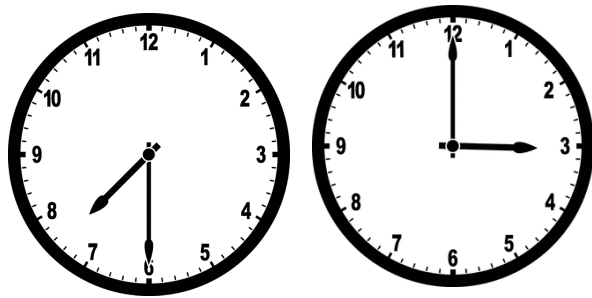
It is available online at the National Theatre of Scotland website and also from Box Office.

Please ask a member of staff for more information.

VISUAL GUIDE FOR THANK YOU VERY MUCH AT THE COUPER INSTITUTE



I am going to Thank You Very Much at the Couper Institute, Clarkston Road, Glasgow, G44 3DA



The evening shows will start at 7.30pm, I should arrive a little earlier than this.

The afternoon show on Sunday 3 November will start at 3.00pm.

The show will last 1 hour and 30 minutes and there is no interval.



This is the Couper Institute. It is a community building in the south side of Glasgow.



I will enter through these doors to get to the box office and foyer.

While the performance is on, there will be a ramp where the steps are.



This is the Box Office. This is where I can pick up prepaid tickets or buy tickets for the show.

I can move through the doors next to the booth to carry on into the performance space.



This is the corridor before the performance space. I may need to show my ticket to ushers here before I can go into the space.

Further down the corridor, on the left as I come through the door, are the toilets.

It may be quite busy with other audience members.



This is where the toilets are.

There is an accessible toilet here and there will be gender neutral toilets, which means anyone can use them.



This is the performance space where the show will be taking place.

Once an usher has checked my ticket, I can wait here before the show begins.

Seating is unreserved, which means I can sit in whichever seat I would like and there are no seat numbers.



There will be tables with chairs in the middle of the space, with rows of chairs around the edge. There will also be a small square stage.

If I sit near the small square stage I will be very close to the performers and they may talk to me or ask me to help them do things.

This small stage will light up at moments in the show and can be very bright.

If I sit at the tables then performers may come close to me and may ask to help them do things. I can say no thank you If I do not want to join in.

The seats around the edge are further away from the performers and will be more in the dark.

Both of the stages have steps and handrails up to them - these are just for the performers and I should not go on the stages.



There will be a bar in this area where I can buy drinks before the show.

I can have a drink in the performance space with me, and can ask staff to help me carry my drink in.

If I am sitting at a table I can put my drink on it.



If I would like to take some time out during the show, I can leave at any time and find a seat in the breakout areas. I can come back in when I am ready.

One of them is upstairs at the end of the corridor, and the other one is near the toilets.

An usher can show me where they are.



The show uses prerecorded music, live talking, prerecorded talking, lights and haze. The space is set up to feel like a social club.

When the audience arrive they can bring in their drinks and sit and chat together for a while before the show starts. When I arrive in the room there will be low level music playing in the background.

There are four large black cases, with silver edges and wheels in the room. These cases all contain a special item for each performer and will be opened at different moments in the show.

Three of the cases are up on the stage and one is on the floor in front of the stage. Also on the big stage is a costume rail with clothes on it which the performers will change into during the show.



About five minutes before the show is due to start, the performers will come into the room and chat with the audience, welcoming them. They will all be dressed in tracksuits.

Claire has a black tracksuit, Dan has a dark blue tracksuit, Tanja has a red tracksuit and Vicky has a green tracksuit.

Claire will go up on the big stage, open a case and put on a black leather jacket. She will then walk across the room and go up on the small square stage. The lights will all go out and music that is quite loud will start. This is the show starting.



At the end of the show, all the performers will come back onstage and bow together while the audience clap.

The performers will leave the room and this means the show is finished.

I can now leave the room by the same way I entered.

VISUAL STORY SYNOPSIS

THANK YOU VERY MUCH

Thank You Very Much is a show written and created by Claire Cunningham. Claire is also a performer in the show. The other performers in the show are below.

PERFORMERS



CLAIRE CUNNINGHAM



DAN DAW



VICKY MALIN



TANJA ERHART

The show is lots of different small stories about the different performers. During the show they talk about their own lives and experiences, they change costume and they dance – sometimes on their own and sometimes together.

The show is asking whether society pressures disabled people to try to be different from who they naturally are, and tries to make them change the way that their bodies work by making them do exercises or medical treatment, or just behave in ways that people think are “better”.

It asks this question by also making a comparison with people who try to impersonate famous people known as tribute artists – in this case people who have studied how to be like Elvis Presley. The performers all tell stories about meeting with people who are professional Elvis Presley Tribute artists. Elvis Presley was a famous American singer from the 1950 and 1970’s. He was also famous because he danced in a very unusual way and for wearing jumpsuits that had lots of very sparkly gemstones on them.

Claire, Dan, Tanja and Vicky all went and had lessons with these impersonators. The impersonators names are: Leigh Crow (Elvis Herselvis), Janny James, Darren “Graceland” Jones, Elvis Desley and Colbert Hamilton (Black Elvis).

You will hear the voices of these 5 people a lot during the show – their recorded voices will play from the speakers. Sometimes Claire, Dan, Tanja and Vicky will respond to these voices. You do not always need to know which impersonator is talking or whose voice you are hearing.



START OF SHOW

When the show is about to start, Claire will go up on the big stage, open a case and put on a black leather jacket. She will then walk across the room and go up on the small square stage. The lights will all go out and music will start. It will be quite loud.



This is the show starting. The small square stage will begin to light up as Claire starts to dance on it. Claire will dance a solo, and then at the end of that dance the other performers will slowly move onto the dance floor and join Claire. For the rest of the show there will be moments of solo dancing, talking or group dances. There will also be some singing by the performers.

Some of the dances are very small and quiet and seem like things from real life— like carrying a glass or water, or walking along a line, or doing hand exercises and some are more energetic and use a lot of space and move to the music.



A lot of the scenes have things that happen quite slowly, all the performers take their time .

Some scenes will have the performers ask the audience to join in with things like:

- To copy a movement from a dance they have learned
- To help them carry something- a glass or a microphone
- Clean up some mess they have made,
- Read out loud questions to them using a microphone
- To take off their shoe or sock
- To follow them carrying a microphone.



Sometimes they ask one specific person, and sometimes they ask the whole audience – you can choose if you want to join in or not.

During the show all the performers change costume. They first wear tracksuits and then they wear jumpsuits, like ones Elvis Presley wore. The



performers will sometimes change costume hidden behind the black cases, and sometimes they will change in full view of the audience. They will undress down to their underwear.

After Dan has done a dance wearing a gold jacket the lights will go out and the audience will clap – this is not the end of the show.



Claire will then make a speech standing on the small square stage, dressed in a white jumpsuit. She will say thank you to the audience, and ask them all to clap for Dan, then for Tanja and then for Vicky.

She will then ask the audience to help her by holding a microphone for her while she sings a song. The audience members along one side of the room will each hold the microphone for Claire, and pass it to the next audience member around the room, for Claire to sing into as she walks towards the door.



She will finish the song and all the lights will go dark. The audience will applaud. All the performers will come back onstage and bow together while the audience clap.

The performers will leave the room all together. This means the show is finished.

END OF SHOW
