NEUROSTAGES FESTIVAL
Easy Read Guide

If you have any questions, you can get in touch at:
access@nationaltheatrescotland.com

This is a guide to a festival called Neurostages which is happening on the 15th and 16th of October 2021

It is happening online and in person at the CCA which is in Glasgow
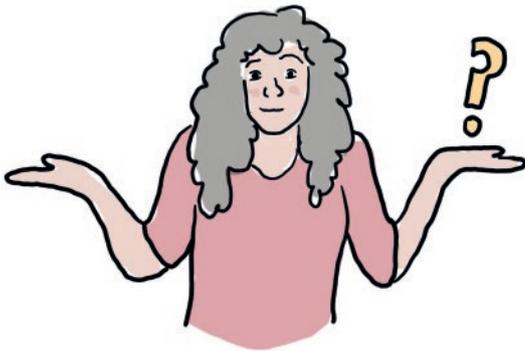
This guide will explain what the festival is, why it is happening and who is involved
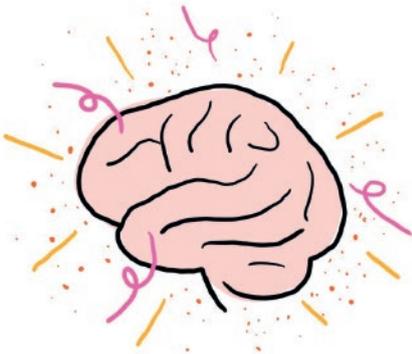
The guide will also talk about Neurodiversity and Neurodivergent people. It will explain what these things mean

You might want to go to the festival. This guide will tell you how you can do that

NEUROSTAGES & NEURODIVERSITY
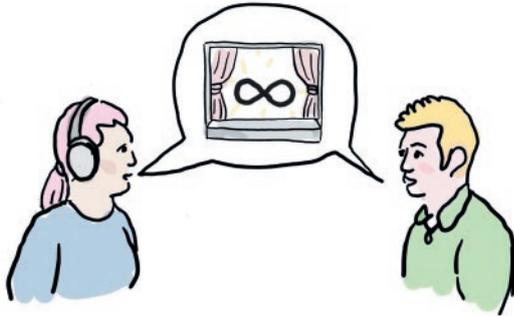
Neurostages is a performance and theatre festival run by people who are Neurodivergent

Being Neurodivergent means having a brain that works differently to how most people expect.

This includes people who are dyslexic, autistic or dyspraxic and people who have adhd, tourettes syndrome, down syndrome and mental health conditons. There are many more ways to be Neurodivergent.

The word Neurodivergent comes from the Neurodiversity movement. This is the symbol for Neurodiverstiy

Neurodiversity is the idea that being Neurodivergent isn't a bad thing. It is a normal way of being human that is important and should be understood and celebrated.
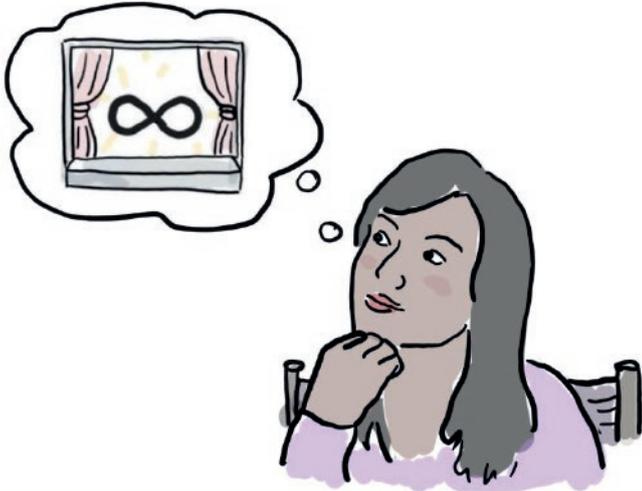
One of the reasons for having the festival is to help us think about how Neurodivergent people can make theatre and performance better

It is also a chance to celebrate Neurodivergent people and the things we think, feel and create
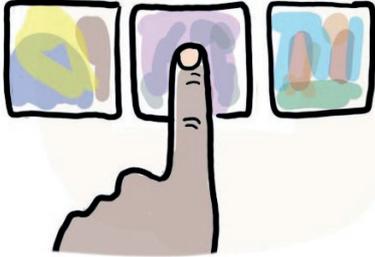
At the festival there will be lots of different kinds of events you can choose to go to
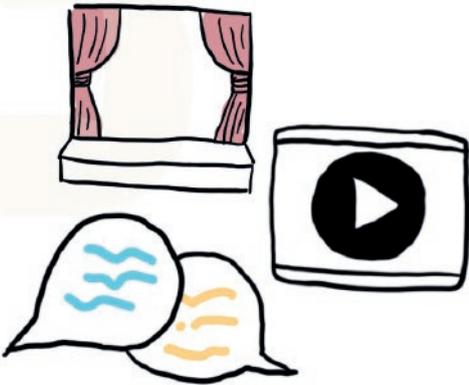
You can watch performances. You can watch films. You can go to workshops to learn new things and meet people.

You can do this online or in person at CCA which is in Glasgow

The festival is for anyone who wants to go to the events and also learn and think about Neurodiversity

The festival is being organised by a group called the Scottish Neurodiverse Performance Network. They are a group of Neurodivergent people in Scotland who work in different kinds of performance and theatre

Some of the people involved in the festival are:

• Aby Watson who is a disabled dancer, performer and artist who does research

• Rachel Clive who makes neurodivergent theatre, teaches and does research

• Ivor MacAskill who is a queer, trans, neurodivergent artist who makes theatre

There will be lots of other performers, artists and teachers taking part in the festival. You can find out more about them on the website which is written on the last page of this guide.
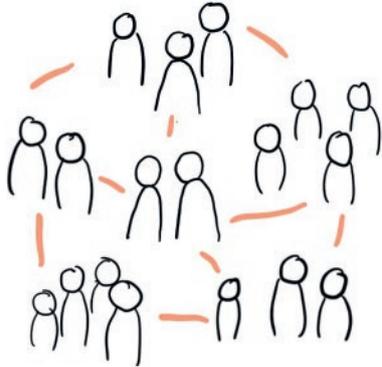
There are lots of different organisations who have helped make the festival happen

These are...

• National Theatre of Scotland

• Scottish Neurodivergent Performance Network

• Royal Conservatoire of Scotland

• National Autistic Society

• The CCA in Glasgow
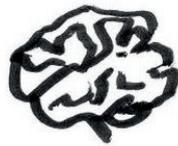
Neurostages in also part of a project called Limitless which is about autistic people being able to make perfromance and theatre and being able to enjoy performance and theatre
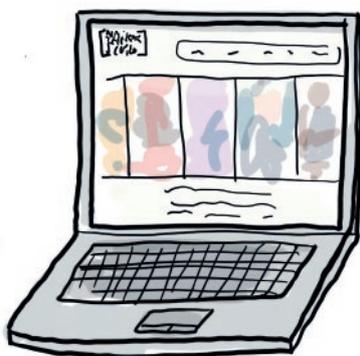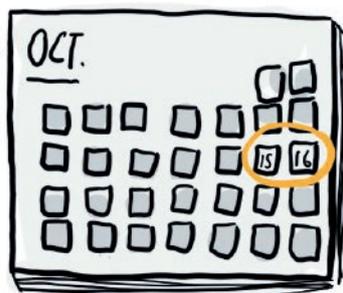
The festival is happening on the 15th of October from 10 am - 6pm and on the 16th of October from 10 am - 9pm

If you want to go you can get a ticket to see the whole festival online. You can do this on the festival website which is:

www.nationaltheatrescotland.com/neurostages

You can choose how much you pay for your ticket between £0 and £25

When you book a ticket you will get an email to tell you it has worked. You will get sent another email asking if you also want to register to go to in person events at the CCA in Glasgow. There are a small amount of tickets for in person events to help people stay safe from the coronavirus.

You will get another email just before the festival hapens. This email will have all the information you need.