

# THE COMING BACK OUT BALL VISUAL GUIDE

If you have any further questions, please  
contact [access@nationaltheatrescotland.com](mailto:access@nationaltheatrescotland.com)



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## CONTENT WARNING

The event contains strobing, flashing lights, music, singing, and audience participation. Loud bagpipes will be used at the beginning and end of the event.

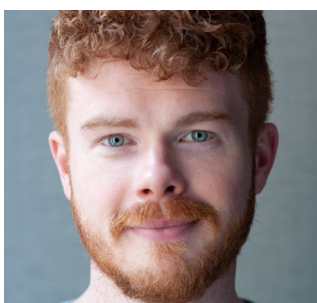
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## WHO YOU'LL SEE

In order of appearance:



**KAREN DUNBAR**  
Show Host



**JAMIE REA**  
Show Host



**JANICE MURDOCH**  
BSL Interpreter



**YVONNE STRAIN**  
BSL Interpreter



**MALIN LEWIS**  
Performer



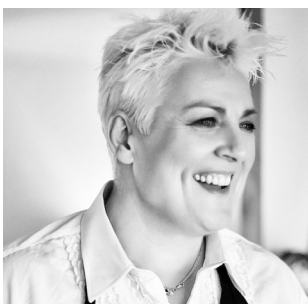
**CHRIS WILSON**  
Performer



**LOU BRODIE**  
Inverness Host



**AMY WATT**  
Inverness Host



**HORSE**  
Performer



**TRISTAN MEECHAM**  
Australian Host



**BEC REID**  
Australian Host



**JO CLIFFORD**  
Performer



**MAGGIE KINLOCH**  
Contributor



**DEAN ATTA**  
Performer



**LEWIS HETHERINGTON**  
Glasgow Host



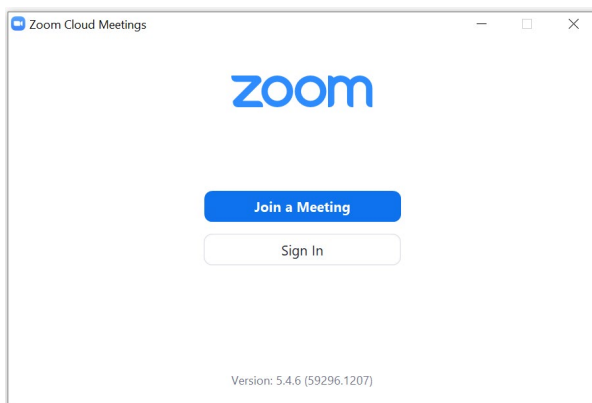
**FRASER MACLEOD**  
Glasgow Host

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I am going to watch and join in with The Coming Back Out Ball on zoom on Saturday 26 of June at 6:30pm.

It will last approximately 3 hours and 15 minutes and is mostly live, with elements of pre-record. I can step away from my device at any time. I can also choose whether to have my camera on or off.



I should make sure I am comfortable with Zoom beforehand by having my pre-event email ready. In that email I will need to click the register button and enter my details.

Once I have done this, I will get a second email with a link I can use to access the Zoom event. I should click this link at just before 6:30pm.



At 6:30pm I will be able to access the Zoom call, which is where every event will take place.

I can choose to have my camera on or off at any time.

I will first follow the instructions to join my virtual table in a Zoom breakout room.

I can choose to interact with other attendees on my table and the table hosts if I want to.

If my camera is on, I may be invited to speak. If I don't want to speak, I can turn my camera off or type in the chat box to say so.





I will be invited to open my Ball in a Box, which I received before the evening.

I will be invited to open the first layer and receive the first gift inside.



I will then watch the opening of The Ball which will include listening to bagpipe music and meeting the hosts for the evening, The hosts will have a BSL interpreter with them who will be translating English to Sign Language.

There will be captions on the zoom screen but, if I don't want to see them, I can choose 'CC' in the bottom right of the zoom screen and select 'hide subtitle'.



Then I will choose to either watch or join in with the welcome dance.

If I want to join in, I will be taught the moves by Chris. Other attendees can see me dancing if my camera is on, and I will be able to see other attendees dancing if their camera is on. If I don't want to be seen, I can turn my camera off.



I will then see the hosts in Inverness and watch some films which feature dance club members from the Highlands

Next, Horse will perform two of her songs. I may dance and sing along from home or sit and watch them.

Then I will meet the Australian hosts and watch another short film.

After that I will listen to a reading by Jo Clifford.

Next there will be more dancing, and I can again either join in myself or watch.

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Then there will be an intermission of 15 minutes. I may like to take a break from the screen and go to get myself a drink or something to eat. If I want to, I can stay on the screen and if so I will be in the same virtual table breakout room as before, where I can talk to the table hosts and the other people at my table.

When the intermission is over, I will watch a panel discussion with some dance club members.



I will then listen to another reading, this time by Dean Atta.

Next will be ceilidh dancing and I can watch or join in.



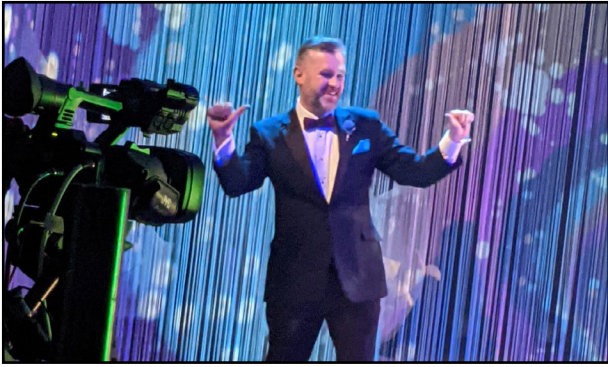
Then, Horse will perform another song I can listen to and sing or dance along to if I would like to.

Horse will be performing this song as a duet with Jamie Rea, one of the hosts. Jamie will use sign language while Horse sings in English.



I will then be invited to open the next layer of my Ball in a Box and receive the next gift inside. Two people will talk me through this and they will have the sign language interpreter with them.

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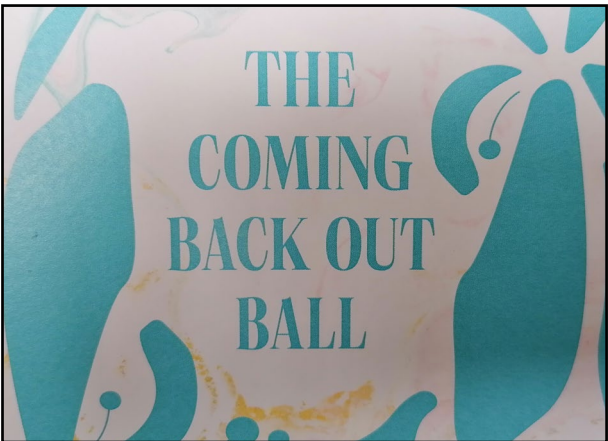


Afterwards, I can join in with ‘Hit the Dancefloor’, which is a 20 minute long dance section. I can watch others dance to the songs, or join in myself.



I will then listen to a dance club member and the evening’s hosts talk to round up the event.

I will then go back to my virtual table to say goodbye.



The next day I can choose to join in with the activities I will have been told about during The Ball, if I would like to.

**END OF EVENT**

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