

THROWN

SWEAT. OPPOSITION. NEGOTIATION.
HOLD ON TIGHT.



THROWN - A NOTE FROM THE CREATIVES

I grew up story-telling – mostly to get out of trouble – but it was obvious from a young age that I harboured a deep love of creating realities and living in my imagination. Now, I'm buzzed and humbled to find, it seems I can actually be paid to do that. And so here is my first story. I hope to tell stories that interrogate the inimitable, messy human struggle, that allow me to wrestle out my understanding of myself and approach the experience and perspective of others with a sense of awe. As I tell the stories of fictional people, yet who for me live and breathe, I find it fosters in me empathy rather than disdain, curiosity rather than condemnation, and a realisation that people are beautifully and painfully complex. My hope is this will be true for more than just me. *Thrown* sits within question rather than certainty and I'm so humbled that you are here, willing to listen to a story that doesn't give neat answers (a fiction in itself) nor guarantee to reinforce your perspective. Thank you. As a person in process, my stories will be too. Let the process begin.

Nat McCleary (Writer), June 2023

It's an honour to present to you *Thrown*, a World Premiere, written by Nat McCleary in their playwriting debut. This has been an absolute labour of love to work on. To watch Nat mould, shape and perfect the text with a forensic intensity to create a piece of work as layered and textured as the country it's made in. *Thrown* asks many questions but the ones I find myself continually coming back to are - what is 'team' and why does it matter?

In the case of *Thrown*, 'the team' is the fantastic cast, creatives and production team who've come together to present the work with a wit and humour that makes it a pleasure to step into the ring every day; it's the audience who have dared and dreamed enough to give us their precious time to engage with the work.

Team is the belief that making live theatre is important. That what we do will not only grow our team but keep the sport of theatre fit and robust, so long as we keep reimagining, growing, expanding our voices and viewpoints. I think collective experience is something we not only crave, but need. Hopefully tonight you find moments in the show that remind you why it's important, that remind you of the unmissable experience of sitting with strangers in the dark and sharing a story, seeing reflections in the story that are both us and not us. But most of all, I hope you enjoy.

Johnny McKnight (Director), June 2023

CAST

Efè Agwele (she/her)	Imogen Ngwenya
Maureen Carr (she/her)	Helen MacLeod
Lesley Hart (she/her)	Pamela Clark
Adiza Shardow (she/her)	Jo Buchanan
Chloe-Ann Tylor (she/her)	Chantelle Watson

CREATIVE TEAM

Lucy Glassbrook (she/her)	Movement Director
Sabrina Henry (she/her)	Costume Designer
Niloo-Far Khan (she/her)	Associate Director
Nat McCleary	Playwright
Johnny McKnight (he/him)	Director
Carolyn McLeod, CDG, CSA	Casting Director
Tom Penny (he/him)	Sound Designer
Lizzie Powell	Lighting Designer
Luke Sutherland (he/him)	Composer
Karen Tennent	Set Designer
Chell Young (she/her)	Design Assistant

PRODUCTION TEAM

Josh Brown (he/him)	Lighting Supervisor
Kara Jackson	Deputy Stage Manager
Kyle Jessiman (he/they)	Stage Supervisor
Andrew King (he/him)	Sound Supervisor
Barbra Kolasinski (she/her)	Costume Supervisor
Scott Ringan (he/him)	Assistant Stage Manager
Pippa Reilly (she/her)	Lighting Programmer
Kathryn Weaving	Costume Technician
Emma Yeomans (she/her)	Company Stage Manager

ACCESS

Louise Fisher (she/her)	BSL Consultant
Emma-Jane McHenry (she/her)	Audio Describer
Nadia Nadarajah (she/her)	Additional BSL Consultancy
Alison Pendlowski (she/her)	Captioner
Yvonne Strain (she/her)	BSL Interpreter

CONSULTANTS & FACILITATORS

Sarah Rose Graber (she/her)	Community Engagement Facilitator
Heather Neilson (she/her)	Backhold Wrestling Consultant
Alasdair Whyte (he/him)	Gaelic Consultant

NTS is proud to be an organisation where all are welcome and we've listed the pronouns of the cast, creative team and crew on this freesheet as part of our ongoing commitment to use more inclusive language wherever we can as part of our LGBT Charter for Business Award.

A National Theatre of Scotland production in association with Bridge of Allan Games, Cowal Gathering, Helensburgh & Lomond Games, NEAT, Mull Highland Games and SEALL.

ABOUT NATIONAL THEATRE OF SCOTLAND

National Theatre of Scotland is a Theatre Without Walls. We don't have our own venue, instead, we're able to bring theatre to you wherever you are. From the biggest stages to the smallest community halls, we showcase Scottish culture at home and around the world. We have performed in airports and tower blocks, submarines and swimming pools, telling stories in ways you have never seen before.

We want to bring the joy of theatre to everyone. Since we were founded in 2006, we have produced hundreds of shows and toured all over the world. We strive to amplify the voices that need to be heard, tell the stories that need to be told and take work to wherever audiences are to be found.

Jackie Wylie (she/her) Artistic Director & Chief Executive
Brenna Hobson (she/her) Executive Director
Jane Spiers (she/her) Chair

To find out about the full team at National Theatre of Scotland please visit: nationaltheatrescotland.com/about/our-people or follow us on:



If you would like to give us feedback on the show, please email us at feedback@nationaltheatrescotland.com

SUPPORT NATIONAL THEATRE OF SCOTLAND

National Theatre of Scotland productions grapple with the fundamental questions: What is National? What is Theatre? What is Scotland? We seek to make work that is relevant to and representative of everyone in contemporary Scotland. We want our audiences, artists and communities to recognise themselves in the stories we tell.

And we celebrate theatre as a glorious, visceral experience; theatre to grip the body, the mind and the soul. If you'd like to support what we do, you can join our team of donors from just £30 per year.

There are so many ways you can support and be part of our work to create inclusive, vital and dynamic theatre.

To find out more drop an email to our Development Director, Stella.Litchfield@nationaltheatrescotland.com

We would love to hear from you!



Alternatively, please visit:
nationaltheatrescotland.com/support
or scan the QR code

THE COMPANY WOULD LIKE TO THANK:

Maggie Bain, Ewan Black, Caledonian MacBrayne Ferries, Neshla Caplan, Lois Chimimba, Rory Donaldson, Kate Donnelly, Michelle Chantelle Hopewell, Suzie Goldberg, Phil Hulford, Laura Lovemore, Marmoset Construction, Adura Onashile, Emily Orme, Gabriel Quigley, Dawn Sievewright, The Scottish Wrestling Bond, Tron Theatre, Vevar.